**Waiver of Liability and Release**

This agreement releases **Stage Life** **Tumbling LLC** from all liability relating to injuries that may occur **during tumbling activity**. By signing this agreement, I agree to hold **Stage Life Tumbling LLC** entirely free from any liability, including financial responsibility for injuries incurred, regardless of whether injuries are caused by negligence.  
  
I also acknowledge the risks involved in **tumbling/gymnastics**. These include but are not limited to **sprained ankle, wrist, muscle strains**. I swear that I am participating voluntarily, and that all risks have been made clear to me. Additionally, I do not have any conditions that will increase my likelihood of experiencing injuries while engaging in this activity.  
  
I understand that **Stage Life Tumbling LLC** from time to time produces promotional material about their program. I understand that as a participant, I may be included included in videotaping,photographs taken during practice etc. I herby grant **Stage Life Tumbling LLC** the exclusive right to photograph and or video tape participants.   
  
By signing below I forfeit all right to bring a suit against **Stage Life** **Tumbling LLC** for any reason. In return, I will receive **gymnastics lessons.** I will also make every effort to obey safety precautions as listed in writing and as explained to me verbally. I will ask for clarification when needed.  
  
I, \_\_\_\_\_\_\_\_\_\_\_\_\_, fully understand and agree to the above terms.

|  |  |  |
| --- | --- | --- |
|  |  |  |
| (Participant) |  | Date |

Parent signature: